

Sylvia's Light

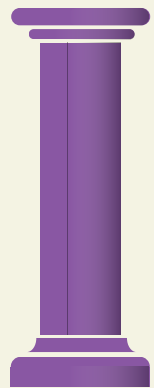
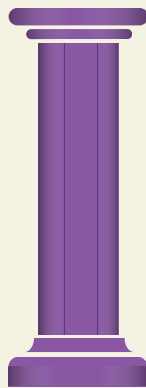
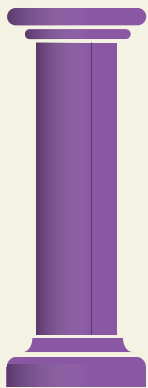


January

It is a New Year



Our new year's resolution is to do even better than last year in supporting clients, providing services, and spreading awareness.



We are there for all survivors of domestic violence

Before we say goodbye to 2023, let's reflect on what we achieved in 2023

Wine Tasting

Carnival

Fall Fest

Adopt a Family

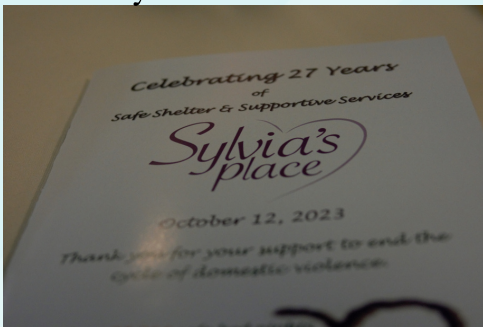
Wine Tasting



Sylvia's Place Carnival



Sylvia's Place



Fall Festival

Adopt a Family



A final look at 2023: *Adopt a Family*



Adopt a Family



32 *families*



36 *donors*



Boxed with Love



11 *volunteers*

Thank you!



Thank you for your support in 2023,
and welcome to a new year!

GreenPharm's



\$500 donation

Handknit Hats

School Supplies



Our Donation Center

*United
Bank's
Blanket
Drive*



Spa Items



Baby Supplies

Clothes



NATIONAL STALKING AWARENESS MONTH

Know it.

January is National Stalking Awareness Month. Stalking is often portrayed in media as a hooded, black-clad individual following a person at night. These depictions of stalking are rare and largely misrepresents the dangers of stalking. That obviously leads to the question:



What is Stalking?

Willful behavior



Done $2 \geq$ times

Directed at a



specific person

Victim feels *fear*



or *threatened*

Surveillance



watching
following
gathering info

Live Invasion



showing up in
the victim's life
unwelcomed
and uninvited

Interference



sabotaging,
attacking, and/or
changing the
victim's life

Intimidation



threatening
and/or scaring
the victim

Stalking is an attributable **behavior**. An act itself is not stalking, but the cumulative context that creates a stalking situation. Ringing a doorbell isn't illegal or stalking, but done with the purpose, directed at a specific person, to inflict fear is



Context makes it scary

Stalking behaviors
often overlap and
occur concurrently

Victims of stalkers are unlikely to actually use the word “stalk”. They describe the behavior as “scary” or leaves them feeling “afraid” or “threatened”. Listen for these behaviors!

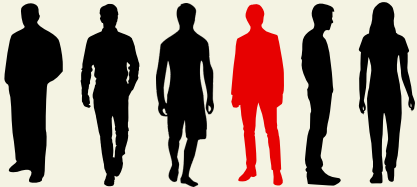
Name it.



1 in 3 women

1 in 6 men

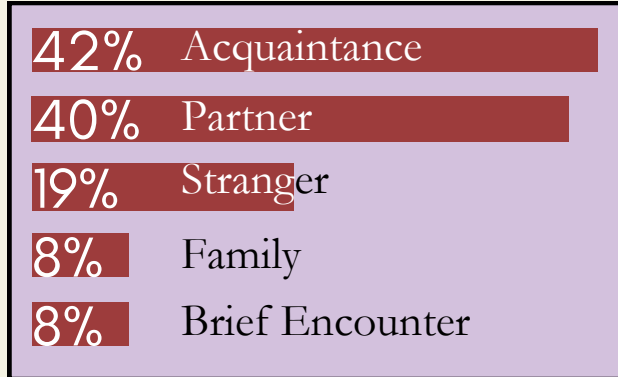
Nearly **1 in 3 women** and **1 in 6 men** reported stalking victimization at some point in their life.



In 2017, **1 in 15 women** and 1 in 24 men reported stalking victimization in the past 12 months

Women are more likely to be stalked. Men are more likely to be stalkers, regardless victim's gender

Over 40% stalkers are **acquaintances** or **current/former partners**. This is true for both male and female victims.



Stop it.

It is not your fault when someone stalks. The responsibility is solely on the stalker. That doesn't mean you are helpless, as a victim or bystander. As a bystander, you can help those suffering.

Do not downplay it

Acknowledge the behaviors for what it really is: "It is stalking"

Believe the victim when they say they're being stalked

Do not minimize it

Using terms like "Facebook-stalking" minimizes the real fear and damage of stalking.

Documentation!

Help the victim to document the events: time, place, location, witnesses, and evidence



72% of stalking victims were threatened with physical violence

84% of stalking victims felt fearful, threatened, or concerned for their safety

Sometimes, you want to help but
don't know where to start.

You have all the love to give, but
no idea where to go.

You don't have all the
answers. That's okay.

Sometimes, being there is
enough



SUPPORT



VOLUNTEERS

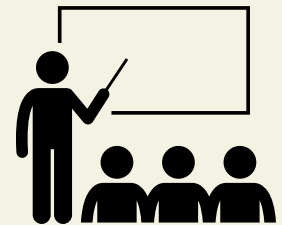
Upkeep and Maintenance



Sorting and Cleaning our Storage Shed
Checking our pantry for expired items
Organizing our office's garage

Classes

Cooking, with recipe books
Arts and Crafts events



Pop Can Returns!



We still have pop cans that need returned
All money from the pop cans directly
support survivors of domestic
violence, so please consider helping

Reach out to our Volunteer Coordinator, **Kas Roush**

kaladriusr@sylviasplace.com 269-673-5742

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thank you